



The Alkalign Lifestyle  
Cafe

## S A M P L E M E N U S

### DESSERTS

#### **\*No-Bake Bliss Balls**

Coconut, chocolate, carrot cake, or almond butter

#### **Chia Pudding**

Classic vanilla and berry, matcha chocolate, red velvet, mango, or blueberry

#### **\*Spelt Flour Chocolate Chip Cookies**

Crispy on the outside, soft and gooey on the inside

#### **Almond Butter Banana Oatmeal Bars**

Chewy oatmeal bars married with almond butter and sweetened with bananas.

#### **\*Chocolate Nut Butter Cups**

Peanut butter, almond butter, or sunflower seed butter, dark chocolate

#### **\*Cheesecake**

Classic, \*blueberry, or lemon, walnut date crust

#### **Fudgy Sweet Potato Brownies**

Japanese purple sweet potatoes, cacao, oat flour, chopped walnuts. Served with vanilla ice cream